

Vertis™ CanolaPRO® RTM protein powder

Sports Nutrition Vanilla flavor

When you're striving to achieve your personal best on the court, track, or in the gym, plant protein can help achieve your goals by powering performance and supporting recovery. To stay on top of your game, it's important that plant protein products contain all the essential nutrition you need.



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Plant protein that packs a punch

Vertis™ CanolaPRO® is a high-quality plant protein isolate that delivers top nutrition. It's a complete protein, meaning it contains all the essential amino acids (PDCAAS = 1), making it the ideal whey or soy alternative, so you can keep performing at your very best.



Insights & key ingredients

Benefits

- High in protein (PDCAAS = 1)
- 24g protein per serving
- Proteins contribute to a growth in muscle mass
- Free from major allergens
- Vegan
- Soy-free

dsm-firmenich key ingredients

- Vertis™ CanolaPRO® protein isolate
- dsm-firmenich vitamin & mineral blend
- TastePRINT® for sugar reduction

Occasion

- Performance nutrition
- Support after activity
- In-between

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Nutrition Facts

1 servings per container

Serving size 1 Pouch (40g)

Amount per serving

Calories

Total Fat 1.5g

<u>120</u>

Saturated Fat 0.32g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbohydrate 1g	0%
Dietary Fiber 3g	11%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 24g	48%
Vitamin D 10mcg	50%
Calcium 100mg	8%
Iron 1.5mg	8%
Potassium 53mg	2%
Vitamin A	20%
Vitamin C	50%
Vitamin E	20%
Thiamin	50%
Riboflavin	50%
Niacin	50%
Vitamin B12	50%
Biotin	50%
Pantothenic Acid	50%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Plant-based protein blend (69.4%)
(Vertis™ CanolaPRO® canola protein isolate (34.7%), pea protein concentrate (34.7%)), medium chain triglycerides (maltodextrin, acacia gum, silicon dioxide, sunflower lecithin), natural flavor, oligofructose, vitamin & mineral blend, cane sugar, guar gum, salt, steviol glycosides from stevia.

Allergens

Processed in a facility that also processes all FDA recognized allergens.

Instructions

Add one pouch (40 grams) to 8-10 oz. (240-300 mL) of water or milk. Shake well, enjoy!

Certification

Vertis™ CanolaPRO® is certified with:



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