

# Vertis™ CanolaPRO® high protein bar

Hazelnut-Nougat

Plant-based protein bars can help you replenish vital nutrients after a tough workout, or just power you through a busy day. But not all plant proteins are equally nutritious. Plant protein products are best when they contain all the essential amino acids you need to repair and build muscle.



## Fuel your performance

dsm-firmenich's Vertis™ CanolaPRO® is a high-quality plant protein isolate that delivers top nutrition. It's a complete protein, meaning it contains all the essential amino acids. Containing up to 21 grams of protein, this plant protein bar also contributes to supporting muscle growth.

# Insights & key ingredients

#### **Benefits**

- High in protein (PDCAAS = 1)
- 21g protein per serving
- Proteins contribute to a growth in muscle mass
- Vegan

## dsm-firmenich key ingredients

Vertis™ CanolaPRO® protein isolate

#### Occasion

- Performance nutrition
- Support after activity

## Vertis™ CanolaPRO® high protein bar Hazelnut-Nougat

## **Nutrition Facts**

1 serving per container

Serving size 1 piece (60g)

Amount per serving

## Calories 240

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	% Daily Value*
Total Fat 10g	13%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Sodium 220mg	10%
Total Carbohydrate 14g	5%
Dietary Fiber 10g	36%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 21g	42%

Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

Plant-based protein blend
(Vertis™CanolaPRO® rapeseed protein isolate, soy protein isolate, pea protein), chicory root fibre, glycerin, chocolate (cocoa mass, erythritol, cocoa butter, steviolglycosides from stevia, natural flavor), hazelnuts, coconut oil, hazelnut paste, lecithin, flavor, sucralose.

### **Allergens**

Processed in a facility that also processes all FDA recognized allergens.

#### Certification

Vertis™ CanolaPRO® is certified with:



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